

## **State Plan for Independent Living (SPIL)**

*October 1, 2007 – September 30, 2008*

The following information highlights goals, objectives, activities and action taken at **Delta Center** that are consistent with the approved State Plan for Independent Living. It is **Delta Center's** mission to "partner with people with disabilities and their communities to remove barriers and promote positive changes leading to greater independence for all."

### **• Goal 1: Implementation of the Olmstead Decision through De-Institutionalization**

- In spite of outreach efforts with nursing homes, Delta Center staff has been unable to gain access to residents. Staff will continue offering to conduct TAP (adaptive telephone) demonstrations at nursing homes in the hope of gaining admittance.
- Delta Center staff will continue to participate in MEAAA meetings to discuss with seniors the services we provide
- One ILS has been designated as the "liaison" for outreach to seniors in an effort to reach this population. She will continue to participate in meetings with the Breakthrough Coalition which is comprised of providers offering services to seniors. She is also the staff person who assists individuals living in nursing homes who want to transition into their communities.

### **• Goal 2: Support and Promote Accessible Transportation for Missourians with Disabilities**

- Delta Center will continue to provide transportation to assist individuals with weekly rides to medical appointments, support groups and other doctor-ordered therapies and for essential shopping.
- Delta Center received a Community Development Block Grant, (CDBG) which will assist individuals living in St. Charles **City** with transportation to work or work training.
- Delta Center staff will continue to attend meetings of the Transit Authority of St. Charles County on a regular basis to discuss transportation needs and strategies for meeting them.
- Delta Center will continue to collaborate with other agencies within St. Charles County to coordinate and expand para-transit options and, thereby, expand transportation options

### **Goal 3: Support and Promote Accessible, Affordable Housing for Missourians with Disabilities**

- Delta Center has developed a resource guide of housing options in St. Charles, Lincoln and Warren counties
- Delta Center maintains an updated apartment list of accessible apartments and subsidized apartments within our service area.
- Delta Center will continue to conduct surveys of apartment complexes to ascertain compliance with Fair Housing Standards and work with owners to comply with those standards

• **Goal 4: Promote Employment for People with Disabilities**

- Delta Center will continue to refer individuals seeking employment to Vocational Rehabilitation.
- Delta Center assists with transportation to work for individuals who live in the City of St. Charles as per funding through CDBG
- Delta Center will continue to refer individuals who are interested in employment who receive Social Security Disability Income to their local Social Security Benefits Specialist.
- The department of Rehabilitation Studies at Maryville University reports a large percentage of its student population has disabilities; Delta Center will continue to actively work with staff and students to provide internship opportunities
- HR Coordinator and Executive Director will meet at least two times per year with staff from Maryville University and Vocational Rehabilitation to identify barriers to employment for individuals with disabilities and ways in which we might address them.

• **Goal 5: Promote and Support Emergency Preparedness for People with Disabilities in Missouri**

- Consumers accessing CDS will continue to develop and maintain an updated emergency plan.
- Delta Center will continue to assist consumers in obtaining weather radio's in an effort to prepare them
- One staff person has been designated as the "liaison" for implementation of Annex X and will be develop a plan to assure Delta Center is working with appropriate agencies.

• **Goal 6: Explore options to make the SILC more independent and self-sustaining**

- N/A-

• **Goal 7: To promote the participation of ethnic and minority individuals and groups in all aspects of independent living services and the independent living movement.**

- Delta Center staff will continue to conduct staff trainings every other month to build 'cultural competency.'
- Delta Center conducts outreach efforts to minorities on a regular basis by participating in Health Fairs and meetings with leaders of minority communities.

• **Goal 8: To promote equitable voting for Missourians with Disabilities.**

- Upon intake, staff discuss voter registration and the possibility of being placed on the permanently disabled voting list.
- Mailings are sent out reminding consumers of upcoming voting dates prior to elections
- Delta Center provides transportation to consumers for voting if they request a ride.