

Delta Center for Independent Living

2010 Fall/Winter Resources

Make Your Home Energy Efficient

Fall and Winter weather brings the cold winds that increase our utility costs. While we recommend budget billing for everyone winterizing your home can have a significant impact on those bills. The agencies below have program to assist you in making your home more energy efficient. Give them a call to see what you can do and how they may be able to assist!

NECAC: (800) 748-7636

City of O'Fallon: (636) 379-5411

For O'Fallon Residents Only

Community Action Agency of St. Louis County, Inc.
(314)446-4436

Division of Energy: (800) 361-4827

Assists in finding a local agency to help you

Utility Assistance

Emergencies can happen to any family. Then you can find yourself "robbing Peter to pay Paul". Should you get in a pinch and need help paying a utility bill call the following agencies to see if they can help. Please remember to call before you are in crisis, finding and getting assistance can take time!

NECAC: Lincoln County: (636) 528-7604

St. Charles County: (636) 272-3477

Warren County: (636) 456-8191

Salvation Army: (636) 946-7966

Community Action Agency of St. Louis County, Inc.:
(314) 863-0015

Human Development Corporation of St. Louis City:
(314) 613-2200

Saints Joachim & Anne Care Services:
(636) 441-1302

Ameren UE Energy Plus: (314) 554-2478



"Open your arms to change but don't let go of your values." Dalai Lama

Warren County News Flash

The Delta Center is pleased to announce that we have been selected by the United Way for a grant to assist residents who are living on limited financial resources and a disability with some basic expenses when difficulties arise.

This can include assistance with food, transportation, assistive devices/medical equipment, utility and rental assistance.

If you need assistance, live in Warren County and want to know if you qualify, please contact:

Emily Buie at (636) 926-8761

or email her at

emilybuie@deltacenter.org

Holiday Meals

Making the holidays special can be as simple as preparing or enjoying a special dinner with the ones you love. Good food, sharing stories, reading a favorite book out loud and plenty of laughter are the things great memories are made from.

If you find yourself struggling to gather the needed supplies for you holiday meal, please contact your Independent Living Specialist for up to the minute resources that can lend a helping hand.

(636) 926-8761

Leaves Are Falling Everywhere!

If you are living with physical limitations that keep you from the fun of fall raking and the cleaning out of gutters, have no fear! Make contact with one of the following agencies to see if they can assist you in sprucing up your yard and preparing for the coming snows.

In St. Charles County:
Restore St. Charles: (314) 374-2130

www.welovestcharles.com

Mid Rivers Christian Church: (636) 278-3000

Harvester Christian Church: (636) 928-7651

Calvary Church: (636) 939-4343

In Warren County:
Agape Ministries of Warrenton: (636) 456-4645

Winter Weather Wear

Preparing for cold weather outside frequently means a trip to the closet to check if our cold weather clothing will still keep us warm.

Kurt Warner and his family have an annual drive aptly named "**Warner's Warm -Up Coat Collection**".

The coats they collect each year are distributed thru Operation Food Search and go to local food pantries. If you are interested in donating or should you or your children need new coats, contact your nearest food pantry and ask about the program. Be sure to let them know you are interested!

For other good quality gently used clothing, be sure to check out your local Goodwill, Salvation Army or other local clothing closets!

Call Delta Center if you need a referral!



"Vote as if your life depends upon it, because it does!" Justin Dart



**"We do not have a money problem in America. We have a values and priorities problem."
Marian Wright Edelman**

Your Vote IS Your Voice!

November 2nd is your next opportunity to exercise your right to vote and have a impact on the year to come. To do so you must be registered by October 6th, 2010! If you are unsure about how to register, call Nita Slover, Advocacy Trainer at (636) 926 - 8761 ext. 245!

Nita can also give you guidance on the following:

- * How you can go to your polling place, vote, and never leave your car!
- *Get a ballot in the mail, for voting from home, each and every time there is an opportunity to vote on issues or candidates!
- *Securing a ride, through the Delta Center, to your polling place. We want you there, voting and sharing your opinion! (Call by October 28th!)

If you are interested in learning more about ballot issues (and have access to a computer) go to:
<http://www.sos.mo.gov/elections/2010ballot/>

You may also give Nita a call:

(636) 926 -8761 ext. 245

We look forward to hearing from you!