



DeltaCenter for independent living

2008 ELECTION IS COMING SOON!

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There are many important elections coming up that effect the lives of all Americans and especially people with disabilities. It is important to know the issues as well as the candidates who are up for office. Elections are being held for your local & state office. The deadline for registration to vote in the Presidential Election is **Wednesday, October 8, 2008.**

To find out your district, you can look online at <http://mcvr.mo.gov/PollingPlaceLookup/>. Or you can call Delta Center and our staff can assist you in finding out who your candidates are and polling locations. (Delta Center can assist with transportation to the poll if the ride is requested by **Tuesday, July 29, 2008.** Contact Vito for more information regarding transportation to the polls.



NAME THE NEWSLETTER!!!

We want your input. Submit your ideas to Carrie. If your idea is chosen, you will be recognized in the next newsletter!!

TAP FOR TELEPHONE & ASSISTIVE TECHNOLOGY REUTILIZATION PROGRAM

Delta Center provides adaptive telephones to people who have difficulty with hearing, vision or mobility. If you live in Missouri, have a phone line and meet the income guidelines, you qualify for a phone for **NO CHARGE.**

Contact **Carrie at ext 247** for more info.

If you are in need of a cane, walker, wheelchair, shower chair, etc. and you meet the income guidelines, you can get it for **NO CHARGE.** If you have equipment that you no longer need, donate it to our program and it will be given to people who need it. An in-kind donation letter can be provided. Please contact your ILS for more details. If you don't have an ILS, contact Delta Center and they will put you in touch with someone who can assist you .

Our Mission:

Delta Center for Independent Living partners with people with disabilities and their communities to remove barriers and promote positive changes leading to greater independence for all.



**STATE ELECTIONS-PRIMARY DATE IS
AUGUST 5, 2008**

Governor
Republican Candidates-
 ⇒ Scott Lang
 ⇒ Sarah Steelman
 ⇒ Kenny Hulshof
 ⇒ Jennie Lee
 ⇒ Schwartz Sievers

Democratic Candidates-
 ⇒ Jeremiah Nixon
 ⇒ Daniel Carroll

Libertarian Candidate
 ⇒ Andrew Finkenstadt

Lieutenant Governor
Republican Candidates-
 ⇒ Peter Kinder
 ⇒ Paul Sims
 ⇒ Arthur Hodge Sr.

Democratic Candidates
 ⇒ Sam Page
 ⇒ Michael Carter
 ⇒ Richard Tolbert
 ⇒ Becky Plattner
 ⇒ Mary Williams
 ⇒ C. Metzger

Libertarian Candidate
 ⇒ Teddy Fleck

Secretary of State
Republican Candidates-
 ⇒ Mitchell Hubbard

Democratic Candidates-
 ⇒ Robin Carnahan

Libertarian-
 ⇒ Wes Upchurch



State Treasurer
Republican Candidates-
 ⇒ Brad Lager

Democratic Candidates
 ⇒ Mark Powell
 ⇒ Clint Zweifel
 ⇒ Andria Simckes
 ⇒ Charles Wheeler

Attorney General
Republican Candidates-
 ⇒ Mike Gibbons

Democratic Candidates-
 ⇒ Chris Koster
 ⇒ Margaret Donnelly
 ⇒ Jeff Harris
 ⇒ Molly Williams

There are also elections for

- Congressional Districts-US Representative-District 2 and 9
- State Senate District 23
- State Representative Districts 11, 12, 13, 14, 15, 16, 17, 18, 19
- Circuit Judge-Circuit 11 Division 1.

Of 32 Million voters who reported not registered to vote, 5% said they didn't know where or how to register. **Delta Center** can help you register to vote!!

REGISTERING TO VOTE

Missouri law states that if you are a person with incapacity or confinement due to physical disability or an illness, you can join the Permanently Disabled Absentee Voting List. To do so, you must notify your county clerk of your intent to vote at home.

For the address of your county clerk, visit www.sos.mo.gov/elections/countyclerks.asp. Or find them listed on page 3.

Once you are on the list, you will receive a request for an Absentee ballot. Complete and return this request to your county clerks office **by no later than 5:00 pm on Wednesday October 29, 2008.**

Once the county clerk receives your signed Absentee Ballot request, you will receive an absentee ballot at home. Fill this out and return to the county clerk by mail or in person. The county clerk **MUST** receive the ballot **no later than** the close of the polls on **Tuesday, November 4, 2008.**

Delta Center can assist with transportation to the poll if the ride is requested by **Tuesday, July 29, 2008.** Contact Vito for more information regarding transportation to the polls.



Can't get to the polls to vote? Get on the Permanently Disabled Absentee Voting List or call Delta Center for Transportation!

COUNTY CLERKS OFFICES

<p>St. Charles County Rich Chrismer St. Charles County Election Authority 397 Turner Blvd St. Peters, MO 63376 (636)949-7550</p>	<p>Lincoln County Elaine Luck County Clerk 201 Main Street Troy, MO 63379 (636)528-6300 ext. 1</p>	<p>Warren County Barbara Daly County Clerk 104 W. Main Street Suite B Warrenton, MO 63383 (636)456-3331</p>	<p>St. Louis County Board of Election Commissioners Joseph Goeke 12 Sunnen Dr. Suite 126 Maplewood, MO 63143 (314)615-1800</p>
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Delta Center can assist you in registering to vote.

TRANSPORTATION



Check out the Transportation schedule at www.dcil.org

Delta Center is able to provide transportation in St. Charles County where none is otherwise available. In order to qualify for this program, consumers have to go through an intake process and be able to direct their own care.

Rides are available:

- On specified days to consumers living in proximity to one another.
- For medical appointments, essential shopping, social service appointments and support groups.
- One round trip per week anywhere within St. Charles County on a set day of the week.
- One round trip for a medical ride per month to St. Louis County on a set day of the month.
- Must be requested at least 3 working days in advance.
- Appointment times start at 10 and should be no later than 1:00 pm.

For more information on Transportation, contact **Vito at ext. 246.**

JULY 2008

CONSUMER DIRECTED SERVICES

CDS (Consumer Directed Services) allows people with significant physical disabilities to be in control of their own care. This fosters the philosophy that individuals with disabilities should have control of their own life.

If you qualify for the CDS program, you get to decide who provides your care, and when and how this care is provided. CDS provides attendant services as well.

Delta Center administers CDS in the Missouri counties of St. Charles, St. Louis, Franklin, Lincoln and Warren, according to the guidelines established by the Department of Health and Senior Services (DHSS). It generally takes 60-90Days to access CDS.

If you have a more immediate need for CDS, you will be referred to a home health care agency for services until you are approved for CDS.

CDS is funded by MO Health Net (formerly Medicaid) and administered by DHSS

How does Delta Center support the CDS program?

Delta center works with you to determine and verify your eligibility. We review a number of factors, including your MO Health Net (formerly Medicaid) eligibility, ability to direct your care, current support systems, and medical status, to ensure eligibility before processing your application.

During the assessment, services may be authorized for personal care (bathing, toileting), housekeeping, laundry, meal preparation, shopping and other needs as identified during the assessment.

For more information about the CDS program, contact Petra @ext. 227



It can be your choice to live independently.

Delta Center for Independent Living envisions a world of acceptance, access, and independence and self determination for all.

THE AMBASSADOR PROGRAM

Delta Center volunteer Ambassadors help spread the word to other potential consumers who might benefit from the services that the Delta Center for Independent Living provides. The Ambassadors for this year have been selected and their training is underway. There will be an update on the success of the program in the next DCIL Newsletter

If you are interested in finding out how you can become an ambassador, contact your Independent Living Specialist (ILS) to find out if you are eligible.



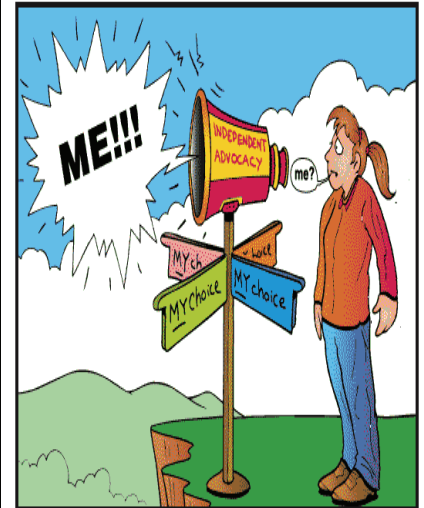
EMPLOYMENT OPPORTUNITY

Delta Center is now offering part-time or full-time paid apprenticeships (\$10/hr between the hours of 8:30 and 5pm, M-F) for individuals with disabilities who have a minimum of 60 college credit hours and are seeking experience in a non-profit agency. Duties will include supporting individuals with disabilities in living independently in their communities and working with the Advocacy Network to promote independence for our service area. Interested parties must have the following qualifications: Proficiency with a computer, printer, fax, copier, voice mail and e-mail, ability to type 35 words per minute and experience with Microsoft Word and Excel. If interested, please fax resume to 636-447-0341 or email to info@dcil.org.

ADVOCACY NETWORK

Consumers meet quarterly to discuss issues affecting the disabled population of the St. Charles, Lincoln and Warren County areas. The meetings take place so that advocates may formulate agendas on the efforts being made to make the community more inclusive for the disabled population. The Advocacy Network meets to develop strategies and plans for the upcoming year.

If you are interested in joining or finding out more about the Advocacy Network or if you want to keep informed via email, contact **Josh at ext 226**.



ACCESSIBILITY ISSUES?



- ◆ Do you have accessibility Issues in the community?
- ◆ Do you feel you are being discriminated against related to housing issues?
- ◆ Are you interested in going out in the community to assist with accessibility surveys to ensure that everyone can access public places such as: stores, restrooms even parking lots?

If you answered yes to any of these questions, contact **Carrie at ext 247**. In the next months, we will be forming a group of people who will receive training on how to complete an accessibility survey.

CONSUMER ASSISTANCE FUNDS

Delta Center for Independent Living has Consumer Funds available to help with utilities, rent or food in an effort to have consumers continue being able to live independently in their own homes.

If you are in need of Consumer Assistance Funds, please speak with your Independent Living Specialist to see if you are eligible. If you don't have an ILS, contact Delta Center and they will put you in touch with someone who can assist you .



Contact Us:

Address:

5933 South Hwy 94 - Suite 107

St. Charles, MO 63304-5608

Phone: 636-926-8761

Fax: 636-447-0341

Website: www.dcil.org

Delta Center's Core Services

Delta Center offers 4 Core Services which include:

Information and referral services which are available to individuals who have questions about resources in their communities.

Peer Support Network allows consumers to connect with other individuals within the community who have a similar disability. This networking allows consumers to speak with others about personal experiences, coping skills, daily life or pass along vital information about living with a disability.

Independent Living Skills Training are available to consumers who are in need of basic skills training in order to live their lives more independently. Some of these skills trainings include: budgeting and personal finance management, daily meal preparation and home organization and cleanliness.

Advocacy Network meets quarterly to discuss issues affecting the local disabled population. These meetings take place 4 times a year so that advocates can prepare agendas on the efforts being made for disability issues related to their community.

If you are interested in additional information about these services, contact **Kevin at Ext. 245.**

FREQUENTLY ASKED QUESTIONS



What is Medicaid Spend down?

Currently, Medicaid (MO HealthNet) eligibility is based on 85% of the Federal Poverty Level Income Guidelines. If your monthly income exceeds this amount, you may be required to "spend down" to this level of income to be eligible for Medicaid (MO HealthNet) services. It is similar to an insurance premium; if you do not pay or reach this amount for the month, you may not be eligible for coverage. There are 3 options to meet your spend down and get coverage.

1. You may send a payment to MO HealthNet Division. You will have coverage for the month you pay for.
2. You may have your payment taken directly out of your bank account on the 10th of each month to pay for the following month.
3. You may get medical services to reach the spend down amount. You must give the medical bills to your eligibility specialist at your local Family Support Division (FSD) office. Coverage will start on the day you meet your spend down.

If you need assistance with strategies on how to meet this, please contact your Independent Living Specialist (ILS). If you don't have an ILS, contact Delta Center and they will put you in touch with someone who can assist you.



Dustin is a 26 year old Delta Center Consumer that was injured in a diving accident at age 19. He is paralyzed from the chest down and receives attendant services through the Consumer Directed Services (CDS) program. He works 10 hours a week at a cabinet factory as a draftsman designing Kitchen cabinetry.

Dustin's family has been participating in Tractor Pulling for many years. This year marks the first time since his accident in 2001 that he will participate. It has been 6 years since he last participated in the event. This signifies a time in his life where he will not only be participating as an individual, but the first time since the loss of his father last year. He decided to do this in memory of his father. He would be so proud!